

# The Services Offered by the Hitotsubashi University's Student Counseling Centre

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The aim of this paper is to discuss the student services offered at the counseling centre in Hitotsubashi University.

In October 2004, a counseling centre was established at Hitotsubashi University with the help and support of students. I have been working as a psychological counselor and providing individual counseling in this centre for the past 5 years.

This paper focused on the process and the policy of expansion of the student support center and considered both the counseling practices offered and the support systems available for these practices.

A past survey shows that the counseling room had achieved a certain amount of recognition across the campus and that the amount of students undergoing counseling is increasing every year. Therefore, we conclude that it seems necessary that the existing system be developed further to adjust to students with diverse subjects efficiently.

Studying fundamental references will help in further promoting the counseling centre in the campus.